What's Inside Your HAPPEN Starter Pack?

Thank you for your interest in the HAPPEN Starter Pack. This pack has been designed to support healthcare teams in implementing evidence-based oral care practices to help reduce the risk of non-ventilator hospital-acquired pneumonia (NV-HAP).

HAPPEN Starter Packs are available to order for all Australian healthcare institutions and facilities. **Please note that only one Starter Pack can be ordered per institution.**

Your HAPPEN Starter Pack will include:

1. HAPPEN Oral Care Bags

Inside the starter pack you will find **three to five individual HAPPEN bags** (dependent on stock levels), each containing:

Toothbrush

A soft-bristled toothbrush featuring the reminder: "Brushing Stops Pneumonia"

This simple message reinforces the important role oral care can play in reducing the risk of hospital-acquired pneumonia.

Fluoride Toothpaste

A tube of fluoride toothpaste to support effective daily oral hygiene and the removal of oral biofilm.

Patient Information Flyer

A patient-friendly flyer explaining:

- What hospital-acquired pneumonia is
- How oral bacteria can contribute to pneumonia
- The importance of regular toothbrushing during hospitalisation
- Practical oral care recommendations for patients and families
- QR codes linking to additional information and resources

2. HAPPEN Canvas Tote Bag

The three - five HAPPEN oral care bags are packaged inside a reusable **HAPPEN canvas bag**.

The bag includes:

- A QR code linking directly to the HAPPEN website
- Easy access to additional educational resources through the website: **www.happenstudy.com**.

3. Healthcare Professional Information Flyer

The starter pack also contains a flyer designed specifically for healthcare workers, which includes:

- Information on non-ventilator hospital-acquired pneumonia (NV-HAP)
- The relationship between oral health and pneumonia prevention
- Key evidence supporting oral care interventions
- Practical implementation tips for healthcare settings
- Resources available through the HAPPEN website

Helping Us Understand Your Impact

To help us understand how the HAPPEN Starter Pack is being used and to support organisations in their oral care improvement journey, we ask for a contact name and email address when requesting a starter pack.

By providing your contact details, you may be contacted by a member of the HAPPEN team in the future to:

- Learn how the starter pack was used within your organisation
- Understand whether any oral care initiatives have been introduced or expanded
- Gather feedback on the usefulness of the resources provided
- Identify any barriers or enablers to implementing oral care practices
- Share additional resources and implementation support where appropriate

Any follow-up is intended to help us evaluate the reach and impact of the HAPPEN program and to better understand how healthcare organisations are working to improve oral care and reduce the risk of hospital-acquired pneumonia.

We greatly value hearing about your experiences and any changes you have implemented as a result of the HAPPEN Starter Pack.

To learn more visit **www.happenstudy.com** to access:

- Educational resources
- Implementation tools
- Patient education materials
- Clinical evidence and research findings
- Additional oral care resources to support pneumonia prevention initiatives

Together We Can Help Prevent Hospital-Acquired Pneumonia

Consistent oral care is a simple, low-cost intervention that can contribute to improved patient outcomes and help reduce the burden of hospital-acquired pneumonia.

Brushing Stops Pneumonia.