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PREVENT PNEUMONIA WITH ORAL CARE

For more information and resources, visit our website **happenstudy.com**

Did you know that improving oral care for non-ventilated patients can reduce their risk of pneumonia by up to 60%?

About the HAPPEN Trial

Phase 1: A national nurse survey and focus groups identified limited oral care supplies and education as key barriers to patient oral care.

National Survey

Phase 2: The world's first multicentre RCT to prevent hospital-acquired pneumonia in non-ventilated patients (**8,870 participants across three Australian hospitals**) tested the HAPPEN program. Patients received **oral care** packs (toothbrush, toothpaste, and QR-linked education), **increasing oral care from 15.9% to 61.9%. Pneumonia incidence fell from 1.00 to 0.41 infections per 100 at-risk admission days,** with hospital **cost savings of AUD$67 per patient**

Focus Group

Simple twice-daily oral care can help reduce hospital-acquired pneumonia and improve patient outcomes

Avondale UNIVERSITY

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Twice-Daily Oral Care Helps Prevent Pneumonia

How can staff support oral care?

- ☑ Encourage and educate patients to maintain twice daily teeth (and tongue) brushing
- ☑ Assist patients who need help
- ☑ Remove dentures and clean them thoroughly overnight
- ☑ Perform hand hygiene before oral care
- ☑ Provide oral care supplies

Why it matters

Good oral care reduces harmful bacteria in the mouth that can enter the lungs

Learn more! Please visit
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